



BARWON SPORTS ACADEMY

2027 INDIVIDUAL MEMBERSHIP HOLDER



Tailored support for regional high-performance athletes

ABOUT THE MEMBERSHIP

Barwon Sports Academy provides regional athletes with access to holistic development opportunities, helping them progress to state, national and international competitions through clear pathways and structured support. The Individual Athlete Membership is designed for athletes who may not sit within a full BSA sport program but would benefit from a tailored support model across performance, wellbeing, education and financial assistance via BIS SPORT. The BSA has a proud history of supporting athletes in the region headlined by names, such as Jakara Anthony who have since gone on to represent Australia and experience success on the world stage.

PERFORMANCE SUPPORT

- Strength & conditioning program development and support
- BSA High Performance Testing Series - two windows per year
- Athlete profiling and MSK screening
- Goal setting x 2 & Athlete Development Plan sessions
- Sport-specific planning: training, competition, recovery
- Return-to-play, injury rehab and allied health access

ATHLETE CHECK-INS & BENEFITS

- Targeted check-in meetings to set and review goals
- Connection to BSA staff and trusted partner network
- Access to Lumin as our Athlete Management System
- Access to BSA mentors and ambassadors
- Small-group opportunities and trusted service providers
- Selected BSA partner discounts and services

WELLBEING & EDUCATION SUPPORT

- Nutrition education for training, competition & recovery
- Performance Psychology - mindset & pressure
- Human Body & Injury Prevention education
- Female Athlete elective opportunities where relevant
- Parent Education Series workshops to support your athlete
- Optional access to wider BSA education series

BSA FINANCIAL ATHLETE SUPPORT

BIS Sport grants are available for athletes who represent Victoria or Australia

SELECTION GUIDE

We strongly encourage athletes to contact the BSA before submitting their application. Intake includes applications and, where required, interviews. BSA takes a holistic approach - considering the athlete's support network, development needs, character, performance and dedication.

Membership

The membership includes access to our program deliverables, services and BSA uniform. Athletes are expected to fully engage with program offerings to give them the best opportunity of reaching their potential.

APPLY NOW — 2027 INTAKE

Scan the QR code or use the links below to submit your application.

APPLICATION: [Individual Membership Holder Application](#)

WEBSITE: barwonsportsacademy.org.au

CONTACT: Adrian Pilgrim, Pathways & Programs Lead — programs@barwonsportsacademy.org.au



SCAN TO APPLY



